

1

Go around the table reading these cards aloud.

2

They are gone. They are no longer with us. It is not important how or why they left.

3

All you have now is each other and the memory of them.

4

Together we will take some time to remember them. What we loved about them and what we've put up with all these years. All those endearing, funny and sad moments we spent with them.

5

This will be bittersweet, beautiful and sad. If you feel like crying. It's okay, take the time. It's all part of the healing process.

6

You are their friends, their parents, their child or their lovers. Go around the table telling each other how you knew them. Don't forget to pay your respect by telling the others how sorry you are for their loss.

7

Set aside the card that reads "Letting go" aside

8

Shuffle the Memorial cards and place them facedown on the table

9

Put the "Letting go" card in the middle of the deck for a 30 minutes game or in the bottom third for longer game.

10

When you have finish reading the instruction cards start drawing and answering memorial cards.

11

Other players may ask you question or give you suggestion about your answers but it's entirely up to you if you want to answer or include these into your answer

12

Place the X card somewhere everyone can easily see and reach it.

13

If you encounter a card or an answer you don't want to be part of the game, just touch the X card and it will be removed from it. No questions asked.

14

If your card is X from the game, simply draw and answer a new card. You can X the cards you draw yourself.

15

You can also pass by giving the card drawn to the next player and asking "I would like you answer this question?"

16

A card can be passed around the table until someone applies the X-card to it.

17

Continue passing, answering and X-ing cards until the "Letting go" card is drawn.

18

Each player should take turn answering the prompt on this card.

19

One this is done everyone should take a moment to reflect silently (or in a discussion) on the experience they have gone through with the game.

20

This will be bittersweet, beautiful and sad. If you feel like crying. It's okay, take a moment to stop the game and take the time to let it all out. It's all part of the healing process.

Whoever feels like going first can read the first Memorial card.

You fought once about a petty thing, but you did have time to address the issue before they left. What was it about and what do you wish you could tell them?

There's one thing they did that was totally endearing. Tell us what it was?

There's one thing they did that would drive you nuts. Remember what it was?

They gave you something once. What was it and why does it remind you so much of them?

You eloped once in secret with them. Where did you go and what memory will you always cherish from that moment?

They took something from you. What was it and why didn't you mind when they took it?

Once they came to your rescue in a difficult situation. What did they do and how?

Once you had to help them overcome a hardship. What was it and what moment of the experience was the most poignant for you?

Which song will always remind you of them and why?

They were mean once to you. How? Have you forgiven them?

You were mean once to them. How? Did they forgive you?

They confided and shared a secret with you. What was it and did you keep it?

You told them a secret about you. Did they bring it to the grave?

You owe them big time. Why?

They owed one. Why?

What's the one thing  
you wish you could tell  
them right now?

What the one thing you  
wish they could tell you  
right now?

You brought something  
meaningful to them to  
their funeral. What was  
it?

What's the one thing  
they own you wish they  
gave you on their will?

What's the oldest  
memory you have of  
them? Why has it  
stayed with you this  
long?

When the last time you  
saw them? How was it?

They did something  
that would always  
cheer you up. What  
was it?

They did something  
that brought you to  
tears. What was it?

You both had shared  
idol. Who was it and  
why did you both  
admired that person?

You found common  
ground in hating a  
specific thing. What  
was it?

Why were you jealous of  
them? Are you, still?

What will you miss most  
about them?

What will you not miss  
at all about them?

They made you promise  
something to them  
something once. Will  
you keep that promise  
now that they are no  
longer there?

You know something  
about them that now  
one else here know.  
What is it?

Their opinion of you is  
different then what  
everyone else here.  
Why?

You stole something  
from them and never  
told them. What was it  
and why did you do it?  
Do you think they  
notices?

Letting Go. It's time to  
move on. Will you be  
able to let go of the  
grief and live a normal  
life?